# Institute of Community Services, Project Head Start Fatherhood Newsletter

Spring 2024



#### Mississippi Head Start Association Father of the Year

**Congratulations** to Mr. Craig Work on being selected as the Mississippi Head Start Association Father of the Year!

Craig Work is a life-long resident of Marshall County. He is happily married to his beautiful wife Kenyon, and they reside in Potts Camp, MS. Together they have four children Trevor, Pipkin, Layden, and Keller.

Craig is an active member of the Potts Camp PTO, where he serves as Vice-President. He has had the privilege of being a trainer for parents and staff at the local Head Start Center in Hickory Flat, MS, as well as Institute of Community Services, Inc. Project Head Start's Pre-Service Training in Grenada, MS. He strived to encourage moms and dads about the importance of their involvement in their child's life and how pertinent listening to your child can be.

It is an honor for me to be chosen as the Mississippi Head Start Association Father of the Year.

Craig says, "I am the face of a former drug addict, but I also have 5 years of experience in drug/alcohol recovery. My life is centered on being the best possible husband, father, and a positive influence in my community, schools, and surrounding areas. I strive to be a willing vessel to help others overcome life's struggles.



#### STEP- Parent Path

(Systematic Training for Effective Parenting)

Encouraging yourself is just as important as encouraging your child. When you feel encouraged, you lose your fear of failure. You see your abilities more clearly. One way to encourage yourself is to think, write, and believe ideas such as:

I am a positive person. I will not curse or fight in the present of my child.
I am a capable person. I will use good grammar in the present of my child.
I am capable of change. I will not roll my eyes, point fingers, bully, or roll my neck. I love myself. I will listen. I will not allow anyone to abuse me or my child.

Remind yourself of these beliefs. ICS Head Start Centers offer STEP sessions to help educate and support parents. Be an active, ongoing parent learner. Lifelong learning helps us grow. It helps us be **First & Lifelong Teachers** for our children.

## **Nurturing Fathers**

The fall Nurturing Fathers events had over 1,000 fatherhood participants!

Kudos to all the men that attended!





### **CALLING ALL MEN.... Important Upcoming Events**

Financial Literacy Training
Home Safety and Energy Saving Training
End-of-the Year Activity

Contact your child's center for more information.

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